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# Vancouver metro

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**Health experts concerned about youth smoking e-cigs in B.C.**
**metroNEWS**

JENNIFER GAUTHIER/METRO

# Tax Airbnb: Councillor

HOUSING

## Move would protect rentals, argues Meggs

**Matt Kieltyka**
Metro | Vancouver


A Vision Vancouver councillor wants to see Airbnb suites in the city charged provincial sales and local hotel taxes.

City council will consider a motion next week from Coun. Geoff Meggs to call on the provincial government — through the Union of British Columbia Municipalities — to start "collecting all applicable sales taxes at point of purchase on daily private room rentals" through online accommodation booking platforms like Airbnb.

"I think more and more B.C. communities are struggling with this," Meggs told Metro. "Places like Tofino and Whistler are struggling with these issues because they can't get housing for their workers."

While services like Airbnb claim to be peer-to-peer platforms and not commercial hotel providers, Meggs said the websites essentially serve as the "front desk" for customers.

The number of apartments made available to tourists through online booking platforms compounds Vancouver's affordability and rental vacancy crisis, he said. "I have no doubt in my mind there are thousands of units in the city being used for short-term rentals," said Meggs. "We need some kind of regulation to protect those rentals. These taxes already exist. It's really simple, we need the provincial government to say 'yep, we will collect these taxes from you.'"

Council held a heated debate on Airbnb rentals earlier this year and instructed staff to look into potential regulations amid reports residents were being evicted from their homes only to find the suite posted online shortly after.


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Senate asks Mike Duffy to repay 'ineligible expenses' totalling $16,955 **Canada**

# TransLink to install new gates for disabled people

ACCESSIBILITY

## CEO promised in April to fix 'unacceptable' problem

**Matt Kieltyka**
Metro | Vancouver

TransLink will install costly new fare gates at transit stations throughout Metro Vancouver in response to problems disabled passengers have with the Compass card system.

The transit authority's new CEO, Kevin Desmond, promised a permanent solution to the "unacceptable" problem in April after some passengers were essentially blocked from accessing stations because they couldn't physically tap Compass cards at fare gates and staff were not around to help.

On Thursday, the TransLink board voted in favour of brand new, stand-alone doors at stations using hands-free, long-range card readers that will automatically open when a passenger approaches.

The system won't use Compass card technology, will take 18 months to install and will cost up to $5 million.

Desmond says the costs are justified to ensure all passengers have access to the public transit system.

"I am committed personally to make sure this is fast tracked," Desmond told media. "I think this is very important. Each and every one of these folks ... who has the gumption to make it through our system on their own, independently, and want to from a standpoint of human dignity, we need to make sure that they have that access. I believe in the greater scheme of things, it is a small investment."

TransLink has also committed to a full review of HandyDART service, including whether it should continue to be contracted out to a private company or be provided by TransLink directly.

Numerous speakers at TransLink's open board meeting on Thursday voiced their concern over the deteriorating level of HandyDART service, missed medical appointments and safety issues when taxis are used to transport people instead of the specially-equipped shuttles.

Desmond talked about the need for TransLink to have greater accountability over the quality of service no matter who operates it.

In addition to reviewing its service model, TransLink will also create an advisory committee made up of stakeholders including HandyDART users, to guide the process.

"At the end of the day, we need to make the right decision," he said.

Desmond's stance on accessibility earned high praise from former Vancouver city councillor Tim Louis, who co-chairs the HandyDART Riders' Alliance.

"I want to tip my hat to Mr. Desmond for dealing with the problem created by his predecessors in a very positive way," said Louis. "(The fare gate solution) is another very good example of the very speedy progress Mr. Desmond has made. He inherited a major problem and, in a matter of months, he has solved the problem."

Asked why TransLink failed to anticipate the problems disabled people are experiencing since the Compass card rollout, Louis responded, "because they didn't have (Desmond) as the CEO earlier."

"They missed the boat," he said. "They spent millions of dollars planning a rollout without answering the obvious questions."

Desmond took over as TransLink CEO in March, having previously managed the Seattle-area's King County Metro Transit for 12 years.

An artist's rendering of the accessible gates that will be installed by TransLink at transit stations throughout Metro Vancouver. COURTESY TRANSLINK

TRANSLINK

## Revenue, ridership going up

Compass cards are being credited with boosting fare revenues, TransLink's board heard at its annual general meeting on Thursday.

Staff report that fare revenues for April and May were up eight per cent over the same months in 2015.

That timeline corresponds with the full rollout of the Compass card electronic fare system.

TransLink also reported that 100 per cent of monthly pass users and 95 per cent of all other users have switched over to the new format, totaling more than 915,000 customers.

Compass cards have been tapped on the system more than 371 million times so far, at a rate of more than 1.5 million every weekday.

The system, originally slated to launch in 2014, cost $194-million to implement and was beset by technical difficulties and delays before gradually being rolled out to the public.

TransLink CEO Kevin Desmond said he has no doubt the fare gates have helped cut down on fare evasion but could not say to what degree.

Overall, TransLink recorded a ridership increase of 1.8 per cent and 3.2 per cent in increased fare revenues last year, according to its 2015 annual report.

MATT KIELTYKA/METRO

The shopkeeper at City Vaper on West Pender Street in Vancouver demonstrates how to use a pen vape on Thursday. JENNIFER GAUTHIER/METRO

# Youth vaping raises concerns

HEALTH

## About 16% of B.C. teens aged 15 -19 have tried an e-cigarette

Wanyee Li
Metro | Vancouver

The Canadian Cancer Society is warning youth about the potential dangers of smoking e-cigarettes, also known as vaping, but kid-friendly flavours can make it difficult to counter that message.

About 16 per cent of youth in B.C. aged 15 to 19 have tried an e-cigarette, also known as a vape, according to the Propel Centre for Population Health Impact. The centre says that of those youth who have tried vaping, more than half have never smoked.

The liquid in vapes, called e-juice, can contain nicotine, a highly addictive drug that can damage a developing brain, said Lyz Gilgunn, health promotion co-ordinator for Greater Vancouver at the Canadian Cancer Society.

"We're concerned that these devices are just another device to hook a teen into a behaviour that is ultimately bad for their health in the long term."

Gilgunn hopes the society's campaign about how the future is uncertain for those who vape will deter youth from trying the activity. She emphasized the society is not against consenting adults vaping because it could help smokers quit the habit.

"It's absolutely getting more popular," said 34-year-old Brian Kwok, who used vaping to quit smoking two years ago after smoking for 15 years.

"It's more socially acceptable. People think you're trying to quit or that it's healthier."

Kwok, an entrepreneur at a life sciences company, says even though the research on vaping's health effects is not available yet, he warns friends against making vaping a long-term habit.

"The jury's still out … from the research I have seen, its healthier than smoking. But you shouldn't do either."

But he says e-juice manufacturers are targeting youth, making it difficult to counter that message when little research has been done on the subject.

"They definitely are targeting youth. The flavours — some of them taste like candy."

But vape shop owner Isaac Jhuty said he has a no-youth rule at his store, City Vaper.

"Kids aren't allowed in the shop. It should be that way in general," he said.

Putting vapes in the children's hands endangers the entire industry said Jhuty, who opened his store in Downtown Vancouver two years ago.

Business has been good — he does not need to sell to youth, he added.

"It's been a pretty good trend. People are vaping more. I see a lot of people from all different ages, from 19 years old to 69 years old."

The B.C. government plans to amend the Tobacco Act in September to include e-cigarettes, so that all rules on smoking will apply to vaping as well, said Gilgunn.

But vapes and e-juice continue to be easily assessable online, accessible to youth and adults alike, and many people see benefits to vaping, especially when compared to smoking.

"The health factor, the cough factor, the cancer factor," listed Jhuty.

But while researchers have established that smoking is responsible for 30 per cent of cancer deaths, they want youth to know the potential for harm caused by vaping is "just around the corner."

"We don't want non-smoking youth to pick up these products thinking they are harmless. Ultimately they may not be," said Gilgunn.

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SHOPPERS DRUG MART

Dragon Boat BC has said in the past it wants a moorage-free zone in False Creek in order to ensure the safety of paddlers. WANYEE LI/METRO

# Council considers moorage-free zone

FALSE CREEK

## A yacht drove into the centre of dragon boat race course

Wanyee Li
Metro | Vancouver

Vancouver city council will discuss a motion Tuesday that, if passed, would ask city staff to look into making False Creek a moorage-free zone in an effort to make dragon boat and other paddling races safer.

A large vessel drifted into a dragon boat regatta race in False Creek earlier in June, causing paddlers to start a petition that demanded a ban on mooring in False Creek. A similar incident during the Concord Pacific Vancouver Dragon Boat Festival last weekend forced race officials to restart a 2,000-metre final, drawing more attention to the issue.

But Coun. Raymond Louie had already put the motion forward to council on June 14, before the festival even started. He says he intentionally left the language in the motion vague to ensure staff could investigate other issues like sewage dumping or smoke pollution from vessels in False Creek.

"It extends beyond just the racing community and the paddling community. It's meant to deal with the ongoing issues of conflict and usage of that water space within our city," he said.

False Creek falls under the jurisdiction of Transport Canada but the city is able to issue mooring permits for the area. Any further regulation would require the involvement of the federal government, Louie confirmed.

"We work in conjunction with Transport Canada to allow for some permitting of moorage of boats … these past couple of weeks has given us additional impetus to have further conversations on how we may further define the use of this space."

> It's meant to deal with the ongoing issues of conflict and usage of that water. Raymond Louie

But at least one long-time user of the creek says a moorage ban would not sit well with boat operators.

"You have this maritime tradition of being able to moor wherever you want, whenever you want," said Jeremy Patterson, operations manager at False Creek Ferries.

Instead, race directors need to ensure there is better communication between race officials and vessel operators, said Patterson, who has worked in False Creek for 26 years.

"When we see a queue (of dragon boats) at the Cambie Bridge, we don't know when the race is going to start. Should we take a gamble and cross the course now or wait?"

He noted that this year's dragon boat festival was better organized than ever before and his crews had minimal issues on race day.

But with a water ferry leaving the Science World dock every 3.5 minutes, dragon boat race starting every eight minutes, and dozens of other vessels in the area, the east side of False Creek can become very crowded.

Council will hear from speakers on this issue June 29 before voting, says Louie. Anyone who wants to speak can sign up.

SOCIAL MEDIA

## Failed parking try leads to charges

An video showing the end of a teen's joy ride may be funny to viewers, but it wasn't a laughing matter for his mother or police in Vancouver.

The YouTube clip of a white Porsche Cayenne repeatedly being smashed into the walls of a garage in a failed parking attempt has received over 90,000 views in less than 24 hours.

Const. Brian Montague said the car has been linked to a hit and run reported on June 16, when a white Porsche struck a parked vehicle in a residential neighbourhood.

He said a 16-year-old boy who does not have a licence had driven his mom's Porsche without permission. Police made the connection after receiving a video from the Insurance Corp. of B.C..

"We … were able to connect the dots quite quickly," Montague said. "(He) got involved in this hit and run and appears to have panicked and instead of doing the right thing and realizing that he had made some mistakes, he compounded them by making the decision to run."

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# VANCOUVERING

with icons by **Danielle Vallée** from the noun project

# Creating unlikely connections

## Megaphone Magazine's community-building mission doubles as its business model

CAFÉ POLITICS

**ALTERNATIVE MEDIA**

**Sam Smith**
Metro | Vancouver

It starts with a conversation.

On the street corner is a person, magazine in one hand, waving with the other, and a big smile across their face. It's not easy to sell any magazine in Vancouver, let alone when you're marginalized, but perhaps one in a dozen who pass by will stop and ask, "Hey, what are you selling?"

At that moment a connection has been made, and those magazine vendors who may otherwise be isolated from these interactions have instead formed a bond with strangers — and maybe made a couple bucks.

It's this relationship Megaphone Magazine's executive director Sean Condon aims to foster and grow.

"I see Megaphone as a bridge, a first step, a start of a conversation," Condon said. "It's that face-to-face interaction — that's what's so key about this project. It fosters these conversations to happen that wouldn't normally happen."

Megaphone Magazine is a street paper. Thousands of copies are sold around Vancouver and Victoria each month but not off the rack. Megaphone helps those who are homeless or in low-income positions become vendors: they pay 75 cents per copy and sell for two dollars.

Condon has nurtured Megaphone from its humble beginnings 10 years ago as a solely volunteer-based project worked on after-hours. Today it employs four staff and pushes out monthly issues, along with side projects such as the Hope in Shadows calendar, the Still Dying on the Streets homeless death report and an upcoming six-month series focused on ending homelessness, which recently crowdfunded $18,365 in 21 days.

> **We want to encourage people to talk to one another despite their backgrounds.**
> Sean Condon, executive director, Megaphone Magazine

Megaphone Magazine's executive director, Sean Condon. JENNIFER GAUTHIER/FOR METRO

When Megaphone started, Condon worked at another magazine, Adbusters. He was given the opportunity to work on Megaphone, and despite the 80- to 90-hour workweeks he saw it as something special.

"When this fell in my lap it was like fireworks or something," he said. "I instantly knew this was something I was going to spend the next, well, now decade on. It's so powerful. I get to see the vendors who actually love their job and love their customers empower themselves. The money is important for people who are just surviving, but more than anything it's just the connection."

Poverty, mental-health and addiction issues can be isolating, Condon said, and any opportunity to form relationships can have a profound impact on people's lives.

It's this sense of unification Condon pushes for with Megaphone, and he sees plenty of room for growth.

"We want to expand the vendor base and help the vendors we already do work with sell more papers," he said. "We want to encourage people to talk to one another despite their backgrounds, because once that happens you'll often find there's a lot more similarities than differences."

For more information on Megaphone, including where to find a local vendor, visit the magazine's website: megaphonemagazine.com.

VANCOUVER TRENDING

## LOCAL MERMAID CRAZE IS NO MYTH

**Amy Logan**
For Metro | Vancouver

Spend any time at a local pool this summer and you're likely to catch a glimpse of a mermaid's tail.

A growing number of enthusiasts are donning monofins and gliding through the water in mermaid costumes. Typically used for fin swimming and free diving, monofins have a top speed of up to 11 km/h. Foot-pockets create a streamlined silhouette, allowing the swimmer to move like a mermaid with long, smooth strokes.

"Swimming with a mermaid tail is totally magical," said Lori Pappajohn, a "professional mermaid" and harpist who runs mermaidsinternational.com with fellow mermaid Annette Johnston.

They hand-sew their own mermaid tails, host mermaid parties and pose for and take professional underwater mermaid photos. Her interest in mermaids was sparked a few years ago when she noticed two Russian men at the pool swimming with monofins.

"They were just going so fast," she said. So she asked if she could try one out, and from then on she was hooked. And she's not the only one; mermaid culture has seen a steady rise in Vancouver.

Mermaid Lori Pappajohn with dolphins in Hawaii. CONTRIBUTED

Mermaids International hosts a mermaid school, and their mermaid parties are so popular that they have more demand than they can handle.

At West Vancouver Community Centre, children five and up can have a mermaid party, complete with colourful mermaid tails, underwater mermaid jewels and photos in the Mermaid Lagoon. Media savvy Vancouver Mermaid boasts a Tumblr account, YouTube channel and Instagram account all devoted to mermaiding. Local company 3 Fins sells custom-made mermaid tails in multiple colours and fabrics.

Pappajohn, who grew up swimming and lifeguarding, noted that swimming with a mermaid tail is like "underwater poetry."

The highlight of her mermaid experience so far happened a few years ago when she was swimming in Hawaii. A pod of 20 wild dolphins swam beneath her, and one swam straight up to her and looked her in the eye "as if to ask, 'What are you?'" said Pappajohn.

Fittingly, she is currently working on a CD of poems and songs about sailors, sirens and sea maidens.

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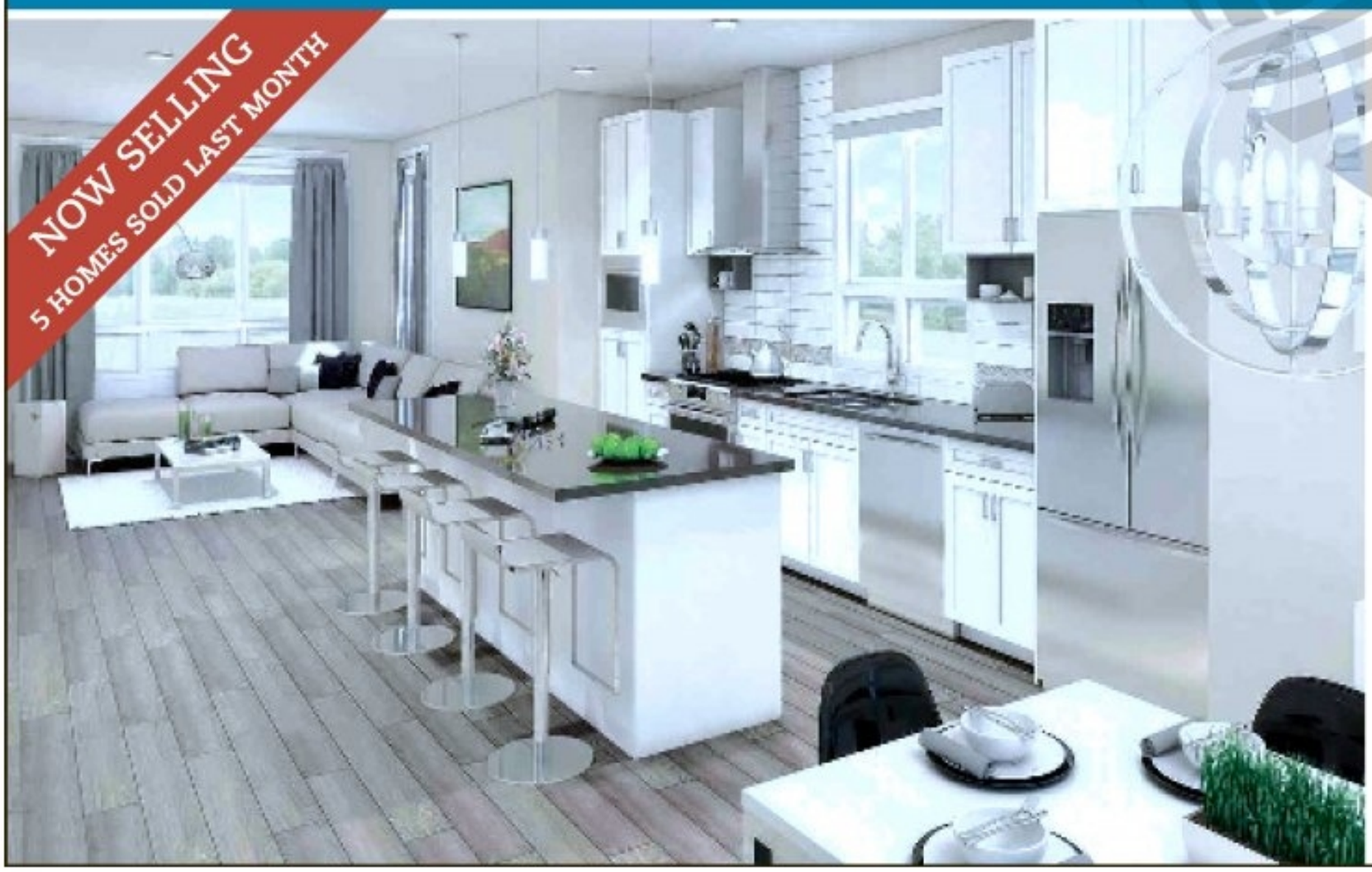

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# VANCOUVERING

A hiker enjoys the view of Howe Sound from St. Mark's summit. GRAEME MCRANOR/FOR METRO

# Stop grousing, hit up St. Mark's

FRESH AIR

Graeme McRanor
For Metro

There's no shortage of hikes with glorious views on the North Shore, but a real nice, moderately challenging one that's less crowded than the overrun and oft-obnoxious Grouse Grind is the climb to St. Mark's Summit in Cypress Provincial Park.

Yes, it takes a little longer to get there. And, yes, it's more of a time commitment once you've arrived. But, glory day, there's no gaggles of tourists or neon-clad competitive climbers to avoid — and you don't have to pay to get down.

Also, it's not trademarked, to the best of my knowledge.

It's also kid-friendly, if said kid doesn't mind climbing a mountain. My seven-year-old minds, but he'll summit for incentives/bribes (ice cream).

To find the trailhead, park in the Cypress ski lot and walk north towards the chairlift. You're looking for Howe Sound Crest Trail signage.

Once on the trail, follow it uphill onto a wider ski run and keep left towards the green water tower. Go right just before the tower and head uphill through the trees until you hit a gravel road. Go left. The road soon narrows and becomes the Howe Sound Crest Trail, which you'll follow to the top.

There are certainly some steep switchback sections to navigate, and on sunny summer weekends you'll definitely come across plenty of other hikers. So exercise caution (after rain, roots and rocks can be slippery), particularly at the lookout point at the top, which can get relatively crowded with people taking photos, and is more or less a sheer drop to Lions Bay, a few thousand feet below.

After descending back to the parking lot, stop in at the Crazy Raven Bar & Grill and order some munchies and a cold beer.

You've earned it.

**TRAIL DEETS**

**Difficulty**
Intermediate

**Time**
5 hours return

**Distance**
11 km return

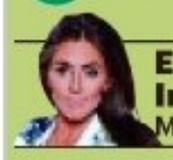
**Elevation gain**
460 metres over 5.5 km

**How to get there**
Head up to Cypress Provincial Park on the North Shore and park in the ski lot.

**Public Transit?**
No.

FOOD NOTES

# Don your Dirty Apron



Erin Ireland
Metro | Vancouver

Ask anyone in Vancouver for a cooking class recommendation, and you'll most likely hear about Dirty Apron.

Owned and run by Chef David Robertson, one of Vancouver's most revered and recognizable chefs, this Beatty Street deli and cooking school is synonymous with delicious food.

The dishes taught at Dirty Apron's new plant-based cooking class — Plant Power — are in that same league.

The hands-on vegetarian sessions feature hearty dishes like kale and zucchini spaetzle, chickpea and cauliflower curry and arugula chimichurri with grilled corn.

The demonstrations are easy to follow, highly informative and sprinkled with humour. The most satisfying part of the evening, though, has to be indulging in each of the four courses the moment you've finished your cooking, washed down with a glass or two of good wine or beer.

The next vegetarian cooking class at The Dirty Apron is set for July 12, from 5:30-9:30 p.m. and tickets are $158 per guest. Head to their site (dirtyapron.com) for details.

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*Contact store for details. Valid 06/30/16

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AUDIT

# City pledges to do better at FOI requests

British Columbia's Information and Privacy Commissioner wants the City of Vancouver to improve the way it handles Freedom of Information requests.

Elizabeth Denham says an audit of the city's freedom of information policies began because Vancouver processes the highest number of such requests annually in B.C.

A report released by Denham says her office has received many complaints about the city's actions.

The report reveals problems at every step of the process, from receipt of an information request, to the search for records, the timeliness of the response and the details released.

The City of Vancouver has pledged to accept and implement all 12 of Denham's recommendations and report on progress by the end of the year.

Denham says the response is encouraging and she's hopeful it will lead to a change in attitude.

"I am concerned that we found examples where the tone in communications with applicants was unhelpful, curt or perfunctory, as well as instances in which the city did not respond to an applicant's query at all," Denham says in a news release.

According to the report, the city contravened legislated response timelines for requests for records more than 16 per cent of the time and was four times more likely to miss deadlines with media applicants compared to others asking for information.

"Every member of the public has a right to request certain information from a public body," says Denham.

"There is an expectation and inherent trust that citizens will be treated fairly and openly when they exercise this legal and fundamental right."

THE CANADIAN PRESS


Let's talk transit fares

Take the Transit Fare Review survey at **translink.ca/farereview**

Over the last 30 years, the way we determine fares—including our zone structure and our fare products—hasn't changed much. It's time to move toward a fare system that works better for more customers.

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translink.ca/farereview | 604.953.3333

TRANSLINK

Contents from a tailings pond is pictured going down the Hazeltine Creek into Quesnel Lake near the town of Likely, B.C. Tuesday. JONATHAN HAYWARD/THE CANADIAN PRESS

# Mine will reopen

MOUNT POLLEY

## Senior staff authorized full production after disaster

A gold and copper mine in British Columbia's Interior is reopening nearly two years after its tailings pond collapsed, setting off an environmental disaster.

In August 2014, a massive breach at the Mount Polley Mine site sent 24 million cubic meters of waste and water into nearby rivers and lakes.

The province's mines minister said Thursday that senior staff have authorized the mine to go back into full production, one year after it was approved for restricted operations.

"We do have more work to do, but we're very deep into our overall effort in government to respond to this accident to ensure it can never happen again," Bill Bennett said Thursday over teleconference.

He said he expects the reopening of the mine, owned by Imperial Metals Corp., to be "welcome news" for surrounding communities, including Likely, Williams Lake, 100 Mile House and Quesnel.

In January 2015, an independent engineering investigation report concluded the dam failed because the strength and location of a layer of clay under the dam wasn't taken into account during the design process.

It made 19 recommendations directed at the operator, the mining industry, professional groups and the government regulator to prevent another such disaster.

THE CANADIAN PRESS

## IN BRIEF

**Mayor pleased with affordable housing progress**

Vancouver Mayor Gregor Robertson says the federal government's creation of a group to examine housing affordability in Vancouver and Toronto proves Ottawa is taking the problem seriously. Robertson made the comment in a news release Thursday, shortly after the federal government announced the working group would target the housing affordability crisis.

Federal Finance Minister Bill Morneau says overall, the housing market is "sound,", but there are pockets of risk and its vital that all levels of government work together because a solution for Vancouver could harm markets elsewhere in Canada.

THE CANADIAN PRESS

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# Duffy still on the hook

POLITICS

## Senator previously acquitted on 31 charges

The interminable spectre of the Mike Duffy spending scandal reared its ugly head yet again Thursday as the Senate found itself once more locked in a battle with the controversial senator over dubious expenses.

This time, however, the expenses in question were from claims well-canvassed during Duffy's criminal trial, which ended earlier this year in his sensational acquittal on 31 charges of fraud, breach of trust and bribery.

In that acquittal, Ontario Court Judge Charles Vaillancourt excoriated the Senate for spending rules that lacked clarity and oversight, allowing senators to claim expenses for anything related to what they deemed Senate business.

The Senate committee that polices spending has asked Duffy to repay seven of his claims totalling $16,955, despite last April's court decision.

It marks the first time since late March that a senator has been asked to reimburse questionable spending — an order Duffy is fighting and could soon be entitled to take up with a special arbitrator. The arbitration process was originally set up to handle disputes arising from a federal audit of Senate spending — a review that missed Duffy initially, because he was under RCMP investigation and facing criminal charges.

Duffy has been subject to an audit once before on Senate orders, by auditing firm Deloitte. That 2013 audit looked only at his housing expenses and ended with a Senate committee ordering Duffy to repay $90,000, which he did after then-prime minister Stephen Harper's chief of staff, Nigel Wright, gave him the cash in order to take away a potential political headache for the Conservative government.

Some senators on the committee tasked with oversight of Senate spending wanted auditor general Michael Ferguson to come back and review more of Duffy's spending, but the majority of committee members opted against rekindling the controversy.

But details that emerged during Duffy's criminal trial led Senate administrators to take another look at his spending, with the head of Senate finance alerting the Senate's internal economy committee to the questionable claims.

THE CANADIAN PRESS

**Sen. Mike Duffy** leaves the courthouse after being acquitted on all charges on April 21 in Ottawa. THE CANADIAN PRESS

**SENATE EXPENSES**

**$16,995**

The amount of money the Senate committee that polices spending has asked Mike Duffy to repay

SYRIAN CRISIS

## Refugee ad raises concerns

Concerns raised by Canadians over the Liberal government's plan to resettle 25,000 Syrian refugees included questions about whether the program should be advertised with a photo of a woman wearing a head scarf.

The photo was one of five put before eight focus groups run last November and December by the civil servants supporting the Prime Minister's Office. They were testing ads to promote the resettlement program and were told using that photo might create a problem, a perception most common in the two Montreal groups.

"Some felt that by showing a single mother wearing a head scarf, this image may generate negative reactions among members of the general public who were reluctant to accept refugees by reinforcing some negative stereotypes associated with Syrian refugees," said a report on the discussions, posted online recently. Those who liked the picture said it sent an important message. THE CANADIAN PRESS

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IN BRIEF

**Bowmanville Zoo closing**

An Ontario zoo that recently came under fire after animal cruelty charges were laid against its owner says it will close its doors this fall. The Bowmanville Zoo says attendance is down. A zoo spokesman blamed the drop on allegations by PETA that led to charges against its owner after video surfaced that appeared to show him hitting a tiger with a whip.

Meanwhile, PETA is "celebrating" news of the zoo's demise. "It's closing around a hundred years too late for the hundreds of animals that suffered there," said PETA spokeswoman Brittany Peet.

THE CANADIAN PRESS

**20% cap on temporary foreign workers remains**

The federal government is freezing the 20 per cent cap on the number of low-wage temporary foreign workers a company can hire. Labour Minister MaryAnn Mihychuk said the controversial temporary foreign worker program needs an overhaul and will announce her plan for more changes later this year. THE CANADIAN PRESS

EMERGENCY

## Pilots make daring South Pole rescue

Two people who fell ill while working at the U.S. research station at the South Pole have been evacuated by a Canadian-owned Twin Otter turboprop plane that made the daring rescue flight in Antarctica's harsh winter.

The National Science Foundation said the two workers arrived safely late Wednesday in Punta Arenas, the southernmost city in Chile, after a long trip from the Amundsen-Scott station at the South Pole. They stopped for a few hours at a British station on the edge of Antarctica to be put on another plane.

"From Punta Arenas, the two patients aboard will be transported to a medical facility that can provide a level of care that is not available at Amundsen-Scott," said a statement from the National Science Foundation.

The foundation runs Amundsen-Scott and two other centres in Antarctica. It did not identify the sick workers or give their conditions, citing medical privacy.

At Magallanes Clinic in Punta Arenas, nurse Mauricio Seron said that a female patient "with a gastric problem" was the sicker of the two. THE ASSOCIATED PRESS

**In this photo provided by the National Science Foundation, a small plane picks up a sick worker at the U.S. South Pole science station.** ROBERT SCHWARZ/NSF VIA THE ASSOCIATED PRESS

SAT JUN 25 7PM

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JOHN COOKSEY

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1 Commercial Property (4 commercial spaces, 17 residential) - estimated Cash Flow $34,000/mth
1 Purchased Duplex - $800/mth

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# All eyes on Brexit results

The world watched with bated breath as the polls closed Thursday in Britain's historic referendum on membership in the European Union. Throughout much of the night, results were too close to call but as the count wrapped up, results point to an EU exit.

THE ASSOCIATED PRESS

**Staff count ballot papers at the count centre at the Emirates Arena**, Glasgow, Scotland, on Thursday after polls closed in the referendum. AFP/GETTY IMAGES

Britain entered uncharted waters Friday after the country voted to leave the European Union, according to a projection by all main U.K. broadcasters. The decision shatters the stability of the project in continental unity forged after World War II in hopes of making future conflicts impossible.

The decision raises the likelihood of years of negotiations over trade, business and political links with what will become a 27-nation bloc. In essence the vote marks the start — rather than the end — of a process that could take decades to unwind.

The "leave" side was ahead by 51.7 per cent to 48.3 per cent with more than three-quarters of votes tallied, making a "remain" win a statistical near-impossibility.

The pound suffered one of its biggest one-day falls in history, plummeting more than 10 per cent in six hours, from about $1.50 to below $1.35, on concern that severing ties with the single market will hurt the U.K. economy and undermine London's position as a global financial centre.

But if it shocked the markets, the result delighted "leave" campaigners.

"The dawn is breaking on an independent United Kingdom," U.K. Independence Party leader Nigel Farage declared to loud cheers at a "leave" campaign party.

"Let June 23 go down in our history as our independence day!"

As results poured in, a picture emerged of a sharply divided nation: Strong pro-EU votes in the economic and cultural powerhouse of London and semi-autonomous Scotland were countered by sweeping anti-Establishment sentiment for an exit across the rest of England, from southern seaside towns to rust-belt former industrial powerhouses in the north.

"A lot of people's grievances are coming out and we have got to start listening to them," said deputy Labour Party leader John McDonnell.

With the result in favour of an EU exit, or Brexit, the U.K. becomes the first major country to decide to leave the bloc, which evolved in the ashes of the war as European leaders sought to build links and avert future hostility. Authorities ranging from the International Monetary Fund to the U.S. Federal Reserve and Bank of England warned a British exit will reverberate through a world economy that is only slowly recovering from the global economic crisis.

"The appeal of the anti-Establishment populist argument that we need to take back control of our borders and immigration ... proved stronger than the economic risks that Brexit would entail," said Tim Bale, a professor of politics at Queen Mary, University of London. "I think people are soon going to find out that the promise of the 'leave' campaign cannot possibly be realized."

The vote is likely to cost Prime Minister David Cameron his job after the leader of the ruling Conservative Party staked his reputation on keeping Britain in the EU. Former London Mayor Boris Johnson was the most prominent supporter of the "leave" campaign and is now seen as a leading contender to replace Cameron.

### SOME RESULTS

- London voted strongly to stay in the EU but the remain vote was undermined by poor results in the north of England, with English shires backing Brexit in large numbers.
- In Wales, "leave" won with all council areas declared, with 52.5 per cent.
- In Northern Ireland, the "remain" side won with 55.8 per cent, though "leave" did better than expected.
- Scotland voted in favour of staying by 62 per cent to 38 per cent, with all 32 council areas backing "remain."

Rep. John Lewis, from left, Rep. Joseph Crowley, House Minority Leader Nancy Pelosi and Rep. Charles Rangel sing "We Shall Overcome" on Capitol Hill in Washington, Thursday, after House Democrats ended their sit-in protest. THE ASSOCIATED PRESS

# U.S. Democrats end sit-in after 25 hours

GUN CONTROL

## Republicans refuse to give in to calls for tighter rules

Exhausted but exuberant, House Democrats vowed to fight on for gun control Thursday as they ended their high-drama House floor sit-in with songs, prayers and defiant predictions of success. Republicans offered a dose of political reality, denying House Democratic demands and holding a Senate vote designed to show a bipartisan gun compromise can't pass.

"They're trying to get on TV," House Speaker Paul Ryan complained in an angry denunciation of the Democrats' 25-hour occupation of the Capitol chamber.

Ryan said the House would not be giving in to Democrats' calls for votes on legislation expanding background checks for gun buyers and keeping people on the no-fly list from getting guns in the wake of the Orlando shooting. .

Yet while they may have lost the legislative battles at hand, Democrats on both sides of the Capitol were congratulating themselves on a remarkable success in gaining attention for their demands for action to curb the widespread availability of firearms, first by a 15-hour Senate filibuster last week and then with their extraordinary occupation of the House floor.

That latest effort broke up around midday Thursday after going through the night, even after Ryan moved up the Fourth of July recess and gaveled a chaotic House out of session in the early morning hours.

### SOCIAL MEDIA

**Public-relations success**

The public could see it all, because even after Republicans shut off the cameras in the House chamber, Democrats began recording the action on their cellphones, and C-SPAN and other networks carried the feeds.

On Thursday Democrats streamed onto the steps of the East Front of the Capitol, where cheering crowds welcomed them. Rep. John Lewis of Georgia, the civil rights icon who helped lead the sit-in, urged the crowd not to give up and to vote in the fall elections.

"The fight is not over. This is just one step" Lewis declared.

THE ASSOCIATED PRESS

FREDDIE GRAY CASE

## No evidence of crime: Judge

A judge explained why he found a police driver not guilty in the death of Freddie Gray, a 25-year-old black man whose neck was broken on the way to the station: He didn't see any evidence of a crime.

Baltimore Judge Barry Williams ruled Thursday that the state failed to prove Officer Caesar Goodson committed murder, manslaughter, assault, reckless endangerment or misconduct in office.

Goodson was the only one of the six officers charged in Gray's death to be accused of murder.

He's the second to be found not guilty.

Another officer's case ended in a mistrial.

The judge said Goodson wouldn't have been able to determine whether Gray was injured between the second and fifth stops on the 45-minute trip, because only after the van finally arrived at the Western District station house did officers observe Gray with blood and saliva on his face, and evidence that he'd become incontinent, Williams said.

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# Work-life demand grows

EMPLOYMENT

## Young workers want clearer office, home divisions

The work-life balance in European countries seems the stuff of dreams to many Canadians.

France has a 35-hour work week and recently gave employees the right to disconnect from email after they leave the office.

Sweden, meanwhile, offers workers a minimum five weeks paid vacation time.

And many Scandinavian companies have implemented a system of flexible hours and working from home as management encourages employees to craft schedules that fit their personal needs.

**Linda Duxbury,** a professor at Carleton University's Sprott School of Business, tends to her garden at her home in Ottawa, on Wednesday. ADRIAN WYLD/THE CANADIAN PRESS

While Prime Minister Justin Trudeau managed to sneak a day off during a recent work trip abroad to celebrate his wedding anniversary, that kind of flexibility isn't afforded to most working Canadians despite work-life balance being a hot topic for years.

The Organization for Economic Co-operation and Development has found that the average Canadian works 1,704 hours annually, more than in Germany and Australia although less than those apparently tireless workers in the United States.

But as younger generations in Canada move into the workforce and demand more scheduling flexibility and clearer divisions between the office and home, companies will have to do more than just talk the talk and actually implement concrete policies to attract and keep talented workers, says one researcher who's studied the issue here for more than 20 years.

> **Balance is not going to be an optional discussion point pretty soon.**
> Linda Duxbury

"Balance is not going to be an optional discussion point pretty soon," said Linda Duxbury, a professor at Carleton University's Sprott School of Business. "To keep younger talent, you're going to have to deliver on it."

Employees crave a supportive work culture that enables a work-life balance, said Lidia Pawlikowski, a senior consultant of health and wellness at Morneau Shepell, a human resources consulting company founded by the father of Canada's current finance minister, Bill Morneau.

Workers want to take guilt-free lunch breaks, squeeze a workout into their day and not remain glued to their smartphones after hours, she said.

THE CANADIAN PRESS

RECREATION

## Gen Xers buy more cottages

A new report from realtor Royal LePage says members of so-called Generation X (identified in the report as those aged 36 to 51) are buying twice as many cottages as Baby Boomers (those between 52 and 70).

The report says retirement planning and vacationing are among the reasons most often cited by those looking to purchase recreational properties.

Royal LePage says the typical cottage buyer is a couple with children, most likely in the Generation X demographic.

The report says foreign buyers — predominantly from the United States — make up 10 per cent or less of Canada's recreational property market.

"A majority of respondents identified retirement as a driving factor for a recreational property purchase consideration, but Gen Xers, still decades from retirement, were identified as the typical buyer in the current market," Phil Soper, president and CEO of Royal LePage, said in a statement.

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**THAT'S RUFF**
A psychology study suggests we should teach teens the way we train dogs: With simple rewards. Trying to reason with them? Well, that's barking mad.

**DECODED** Sports injuries

# WHAT'S THE DEAL WITH TURF TOE?

Toronto Blue Jays star Jose Bautista lost a fight with a solid wall at the edge of the outfield during a game against the Phillies in Philadelphia last week. He smashed right into it, foot first, and was diagnosed with turf toe. He earned himself a 15-day disability leave and has to wear a walking boot. **What is turf toe anyways? We explain.**

**WHAT IS TURF TOE?**
Turf toe is a sprain to the ligament of the first **metatarsophalangeal joint.** That means the flexible, tough connective tissues around the large big-toe joint are stretched and damaged, sometimes torn.

**WHAT CAN BE DONE ABOUT IT?**
Swelling and pain are treated with ice and anti-inflammatory meds and the foot is stabilized to prevent further injury. If there are complications or severely torn tissues, surgery may be needed.

**HOW DOES TURF TOE HAPPEN?**
The most common way is **hyperextension**: As the foot is smashed into the ground (or, say, an outfield wall), the large big-toe joint bends too far upward, outside of its natural range of motion.

GRAPHICS: ANDRÉS PLANA/METRO

**TOETALLY SERIOUS**

The big toe (or, to use medical lingo, the **great toe or Hallux**) is one of the leading sources of athletic injuries. Without a functioning big toe, an athlete can lose "push-off strength" — aka Bautista's ability to sail off of first base. In nastier cases, without effective treatment, such an injury can eventually lead to deformity, chronic pain or joint degeneration (arthritis).

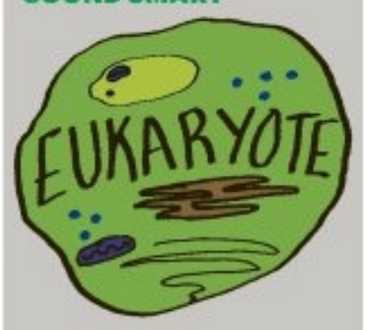
**FINDINGS**
**Your week in science**

LIANE G. BENNING/GFZ

**PINK HILLS**
It's not as delicious as it sounds: Watermelon Snow is the nickname given the pink algae blooming across the European Arctic. Rose-hued snow reflects 13 per cent less sunlight than the white stuff. That makes the ground and air heat up more, creating slushy puddles — the algae's favourite habitat. And so begins a vicious cycle.

**DIETER'S DREAM**
Chocolate with less than 36 per cent fat doesn't melt nicely and tends to clog factory machines. But a new study shows jolting low-fat chocolate with electricity helps it flow, creating a tasty candy with 10 per cent less fat.

**SOUND SMART**




**DEFINITION**
**A Eukaryote** is a living thing with cells that contain a nucleus (a cellular "brain" with DNA) and organelles (cellular organs) enclosed in membranes. **All species are eukaryotes except bacteria and archae**, which are prokaryotes.

**USE IT IN A SENTENCE**
**"**Javier is so dim. If not for the fact that he definitely is made up of more than one cell, I wouldn't even believe he's a **eukaryote."**

**CITIZEN SCIENTIST** by Genna Buck

# Can math prove aliens are real (or not?)

**My friend Chris says it's mathematically proven that aliens exist. Is that legit?**
**— Megan, Ottawa**

Chris's view that extraterrestrials — complex, intelligent aliens — exist now, or have existed at some point, is no longer fringe.

When I learned about the planets in our solar system in school, scientists weren't sure *any* others existed. NASA has since confirmed more than 3,000 exoplanets outside the orbit of the sun but still in our immediate celestial neighbourhood. More than 200 are temperate and earth-like. That's what we can see with our rudimentary technology.

The Milky Way is home to an estimated hundred billion planets. In the May edition of Astrobiology, University of Rochester astrophysicist Adam Frank and colleagues crunched the numbers and concluded, "While we do not know if any advanced extraterrestrial civilizations currently exist in our galaxy, we now have enough information to conclude that they almost certainly existed at some point." He put the odds our galaxy has never hosted intelligent life other than our own at one in a septillion (that's a 1 with 24 zeroes). But not so fast. We have no idea how unusual the phenomenon of life is in the universe — particularly complex, multicellular life.

The event that created complex cells like animals and plants happened, as far as we know, just once in the three-billion-year history of life on Earth. We don't know if that's less or more often than what would be expected by chance. And it's only been 13.7 billion years since the Big Bang.

It's reasonable to assume that a great portion of the extraterrestrial life that's out there, if there is any, is single-celled and looks something like pond scum.

To quote Atlantic magazine editor Ross Anderson, "Fancy math can't make aliens real."

**Science Question?**
**Tweet @genna_buck**

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MOVIES MUSIC TELEVISION DIGITAL

An alien spaceship wreaks havoc in the skies above a fleeing ship in Independence Day: Resurgence. But you can relax: You know the superheroes are looking after everything. CONTRIBUTED

# Superheroes save your world

PSYCHOLOGY

## Apocalyptic plot lines help audiences deal with stress

Richard Crouse
For Metro Canada

In today's world it's not enough to be a hero. Now you must be a superhero. Liberating a cat from a tree or performing the Heimlich manoeuvre is considered HeroLite™.

Unlike the old days when square-jawed movie stars rescued damsels in distress or battled cold-hearted landlords, today's champions won't get out of bed for anything less than the threat of complete world annihilation.

This weekend the heroes of Independence Day: Resurgence join Mystique, Quicksilver, Leonardo, Raphael, Michelangelo, Donatello, Captain America and legendary do-gooders Batman and Superman in some good, old-fashioned world saving.

The 20-years-in-the-making sequel to Will Smith's mega-hit sees aliens from outside the Solar System attack our planet. It's life and death on a planetary scale.

It's not a surprise the stories are getting larger and louder. Audiences want a big bang for their buck and Hollywood is pleased to oblige with high-stakes situations that provide frenetic action and happy endings (unless, of course you're rooting for the bad guy).

These days Hollywood also looks to overseas markets for mega-revenue and presenting globe-spanning stories helps to attract crowds in other countries. Business aside, why have audiences embraced world-on-the-brink movies?

Films, says Dr. Norman Holland, Marston-Milbauer Eminent Scholar Emeritus at the University of Florida, work on different parts of your brain.

"The parts that turn off are the parts that plan action because you're not going to act on what you see on the screen in front of you," he says.

"You accept the most improbable things, like Stars Wars or Spider-Man or whatever.

"At the same time the lower centres of your brain are generating emotions like mad in response to what you're seeing. This is the peculiar phenomenon that you can feel and care about these people on the screen while at the same time knowing they are nothing but a fiction."

In these heroic tales good almost always wins out, a comforting antidote to the nightly news where stories often don't have happy endings. It makes us feel good, but, as Dr. Holland notes, it's also restful.

"As you know they are redesigning movie theatres with recliner chairs so you can sleep through the movie," he says.

"Yes, it is relaxing. This is the part of your brain that worries, that plans for the future, that is concerned about the state of your body.

"All that shuts down. It's restful, no question."

Going to the movies is restful? Good for us? Seems like in our busy, stressful world it's the films that are the heroes, not the characters.

**MOVIE RATINGS by Richard Crouse**

The Shallows ★★
Free State of Jones ★
The Neon Demon ★★★
Tickled ★★★★

HOW RATING WORKS
★★★★ SEE IT
★★★ WORTHWHILE
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**THE TV DINNER JESSICA ALLEN**

# I was certain that a great white shark resided under my bed. That my father hid outside my bedroom door humming a two-note tune — duh-dah — might've contributed to this fallacy.

Blake Lively recently said that The Shallows, a film opening Friday in which she stars as a woman trapped on a rock surrounded by sea battling a shark, isn't just "a survival movie, an isolation story," but also one that addresses the environment: "Because of climate change and global warming," the 28-year-old former Gossip Girl said, "what was once in the deep is now in the shallows."

I'm not sure I got that from the trailer, which was nonetheless appealing. I mean, Blake Lively vs. a great white shark? OK! Film critic and industry pundit Scott Mendelson agrees: "It does seem like a perfect summer movie," he recently wrote in Forbes, "and of course it was a glorified B-movie horror thriller about a giant shark that kickstarted the modern summer movie season in the first place."

That was exactly 41 years ago on June 20, 1975. Jaws, which put then 27-year-old director Steven Spielberg on the map, opened in just over 400 theatres but became the highest grossing film in history.

I don't remember where I first saw it but for close to a solid year when I was five (Jaws was rated PG) I was certain that a great white shark resided under my bed. That my father hid outside my bedroom door humming a two-note tune — duh-dah — might've contributed to this fallacy.

I couldn't tell you how many times I've seen it. But I do know that when my brother and I were teenagers, with little to say to each other, we'd swap lines of dialogue from the film instead of having an actual conversation. That they were mostly bits of monologues delivered by Quint, the Orca fishing boat's salty captain played by Robert Shaw, hardly mattered.

We also became life-long devotees of early Spielberg films and revelled in learning about the movie-making mythology that Jaws is steeped in: how a film shoot with a relatively small budget with three malfunctioning mechanical sharks — collectively nicknamed Bruce, after Spielberg's lawyer — became a global phenomenon winning three Academy Awards.

And yes, some say this original summer blockbuster was the beginning of the end of art house films. I say: "It's a masterpiece! The performances, especially Roy Scheider's as Brody, are extraordinary! Let's watch it tonight!"

Simon says: "Again?"

"How about just the DVD bonus material?" I pleaded, while we prepared summer sausage sandwiches — another seasonal staple in our home — with corn relish, tomato, onion, lettuce, cheddar, mustard and Simon's mom's extraordinary dill pickles. That they require no cooking was a bonus because the first day of summer reached a high of 35 degrees.

I stacked my sandwich real high with toppings. Meanwhile, Simon stacked three. Three giant sandwiches.

"You're gonna need a bigger plate!" I said. "Ha ha ha!"

We watched the Marx Brothers' Duck Soup instead.

**Jessica Allen** is the digital correspondent on CTV's The Social.

**THE MEAL: Summer sausage sandwiches**

**THE MOVIE: The Shallows**

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# Fact checking Free State of Jones

Gary Ross, left, rehearses a scene with the cast of Free State of Jones. CONTRIBUTED

CIVIL WAR

## Filmmaker aimed for transparency in 'true story'

**I think the Civil War is used as a political instrument by people who have present-tense agendas so I thought it was very important to be transparent**
Filmmaker Gary Ross

**Steve Gow**
For Metro Canada

When you see a movie that claims to be "based on a true story", do you often wonder just how much of it is fact versus fiction?

So does Gary Ross.

That's partially why the filmmaker behind the new Civil War-era drama Free State of Jones has designed his movie's website to defiantly outline in detail what was unofficial and what was authentic.

"It's a true companion piece to the film and they really do go together," explained the four-time Oscar-nominee from New York.

"There's a higher burden in this.

"I think the Civil War is used as a political instrument by people who have present-tense agendas so I thought it was very important to be transparent so that it didn't become a topic of debate or people pulling at one end of the political rope or the other."

While the biography of Newton Knight (who united runaway slaves and farmers to rebel against the Confederacy) may be set in the distant mid-19th Century, the story's themes are surprisingly still current.

In fact, the drama's issues of race and class are eerily poignant in the wake of last year's Confederate flag debate — reason enough for Ross to be vigilant with accuracy.

"You can't treat it glibly," said Ross, who realizes much of history is now absorbed by means other than textbooks.

"Because people get so much of their information from pop culture, there is a responsibility to apply a certain kind of rigor to it."

Casting Matthew McConaughey was a crucial component in the movie's credibility as well.

Not only does the Texan actor look related to the Southern freedom fighter, but he's clearly a thespian who carefully chooses his roles. "He's very, very focused.

"He has a lot of rigor in his process and he's incredibly prepared," said Ross of the Oscar-winning star.

"There's so many millions of things that go into shaping a culture, a person that you can't just replicate in the acting process so I was very lucky to have somebody with his stature, with his depth of talent who could do this."

### ROSS REFLECTS

**Gary Ross on his three biggest movies:**

**Seabiscuit (2003)**
"It was a wonderful world," said Ross of the Oscar-nominated true story of a beloved racehorse. "I loved shooting on the race tracks. It was very athletic in every respect — with the filmmaking and the subject matter itself."

**Big (1988)**
"Both Tom Hanks and me (were) innocent in every way," said Ross of his first screenplay. "There was just a feeling of newness and enthusiasm that I think both informed the subject matter and the experience."

**The Hunger Games (2012)**
"Shooting that movie was really fun," recalled Ross, who directed the first of the sci-fi franchise. "One the reasons I didn't move on with the sequels was that Jones was such a labour of love."

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# Why Tickled is no laughing matter

SCANDAL

## Filmmakers face threats for exposing secret world

Richard Crouse
For Metro Canada

**David Farrier, left, and Dylan Reeve (standing), the filmmakers behind Tickled.** Farrier set out to make a documentary about competitive tickling, but what he found was much more nefarious. **Below:** A box of tickling implements. CONTRIBUTED

The amiable David Farrier doesn't want to be talking to me right now. The New Zealand director was in our hemisphere to chat up his documentary Tickled.

"I wish I wasn't doing this now," he says.

"I wish there was no trailer. I wish there was no reviews. I wish people could hear about this thing called Tickled, a film about the sport of competitive endurance tickling and say, 'I've got nothing on, let's go to the movies and see what happens.' That's the dream. I wanted people to feel like they were on the same what the f—? journey I was with (co-director) Dylan (Reeve) when we made the film."

The story of Tickled begins when Farrier, a self-described "light fluffy journalist," came across a strange tickling video on the internet.

Thinking it would make a good story he contacted the makers of the video requesting an interview.

"I'm always trying to find a story no one has seen before," he says.

"I've been doing this for 10 years now and it's harder and harder to do that because everyone on Facebook is sharing the craziest things. But when I came across this tickling video alarm bells went off. You've got these young, model-esque men in bright Adidas clothes in a stark white room. One of them is tied down with shackles and they're tickling and having a great time.

"It jumped out at me because I genuinely thought it must be some sort of Adidas sponsored (video). I thought it was legit. It wasn't shot on a cell phone. It wasn't shot in someone's bedroom. It was shot in a studio and that costs money to rent. Aesthetically, it grabbed me."

When the video maker was slow to respond via email Farrier contacted them through a public Facebook page and that is when the story got weird, troubling and took on the aura of a thriller. Imagine Michael Clayton with tickling and you get the idea.

The documentary sheds light in the dark corners of competitive endurance tickling.

There's alleged cyberbullying, blackmail and catfishing involved as Farrier takes viewers deeper into the subject matter.

"This company does so many strange things," Farrier says of the outfit that hosts the endurance tickling contests.

"I have to talk about it in obscure language, I'm sure you understand. Part of it is the game.

"They love tickling but, as it came out, they love bullying and abusing and derailing lives as well. When I came along I was another target."

Farrier says being the subject of threatening lawsuits didn't concern him too much.

"It's been two years now and I am so used to threats. Other things keep me up at night. Also, I'm an entertainment journalist from New Zealand. I don't have money."

But the documentary subjects have been persistent. At the Los Angeles premiere last Friday, two men who feature in the documentary — David D'Amato and Kevin Clarke — confronted Reeve (Farrier was not at the premiere) and accused the pair of using recorded material they had agreed was off the record.

The circumstance that inspired his documentary is "an unusual thing," says Farrier.

"Hopefully those who come along will learn the simple lesson that not everything is as it seems," he says.

"If you are engaged in anything on the internet, look into it before you dive in. On a slightly cheesy level, just be yourself.

"If you are into something, as long as you're not hurting anyone, be loud and proud about it.

"Try and have that confidence.

"We're living in 2016 and we have a long way to go but if you can, try and be yourself, it will help you. Repression is bad."

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## Refn reinvents fetish genre

Danish director Nicolas Winding Refn is by his own admission a "fetish filmmaker."

This is not to say that his movies are choked with too-tight-corsets, PVC cat suits, 12-inch stiletto heels and riding crops, though you certainly might find these objects of erotic fixation littered about his pictures. No, the enfant terrible of the arthouse defines the term "fetish" in a much more singular way.

"To me, being a fetish filmmaker simply means I shoot what I want to see," Refn tells Metro. My goodness, what sights he sees in The Neon Demon.

Refn's latest fever dream is a slow-burning supernova of style-gone-sinister, an opulent wallow in the feral underbelly of the L.A. fashion model industry that serves as an excuse for Refn to saturate the screen with arch femininity, color, glitter and blood. Lots and lots of blood.

In it, actress Elle Fanning plays Jesse, a naïve waif who appears in Hollywood in search of a fantasy and instead finds a monstrous cabal of parasites who feed off her energy, literally and figuratively. Her transformation from an innocent to a sociopathic zombie plays out like a perversion of The Wizard Of Oz by way of Suspiria and is a film perhaps only Refn could have made.

**Elle Fanning plays a wannabe model turned sociopathic zombie in The Neon Demon.** CONTRIBUTED

"I shot it all in chronological order," Refn admits.

"So, I was kind of figuring it out as I went. It quickly began to become apparent that it was more exciting to me to have this duel relationship between Jesse and herself. You know, on one hand she can be this deer in the headlights and then, on another hand, she can be an evil Dorothy. I think there are clues in the movie to this transformation that pop up again and again and again."

The Neon Demon grew organically out of a previously announced project, a horror film called I Walk With The Dead that was intended to reunite the director with his Drive star Carey Mulligan. But, in true fetish filmmaker fashion, Refn's attentions began to drift in pre-production and soon, he switched gears and began fixating on making a darker, more abstract sort of shocker.

"(The Neon Demon) kind of jumped out of that project and became something else," says the director.

"I switched interests, which usually happens with me. I wanted to make something different, so I took all of my original ideas that I liked from the first film concept and continued evolving it and adding to it. It became The Neon Demon, naturally."

*The Neon Demon opens Friday. See it with someone you trust.*

CHRIS ALEXANDER/METRO

# Talking the talk in Game of Thrones

DIALECT

## A girl may have no name, but she does have an accent

Colin McNeil
Metro | Canada

The voices in Game of Thrones are often as colourful as the characters themselves, and if you've ever looked in the bathroom mirror and given it your best "You know nothing Jon Snow," you're not alone.

John Fleming is a speech and dialect coach based in Toronto who teaches actors the ins and outs of accents and affectations. A Game of Thrones fan himself, he uses some Westerosi patios when he's working with actors.

### Sounding out Westeros

A map of Westeros — which looks suspiciously like Great Britain — will clue you in on who speaks with what kind of accent. The northern end of the fictional continent is, aurally speaking, analogous to the north of England, and so on.

"They've separated the seven kingdoms, to a degree, by dialect," explains Fleming. "So all the people from Winterfell speak with a northern accent; something a little bit closer to Manchester or up in that belt between Manchester and Scotland." Think: Ned Stark, Jon Snow.

"It works well geographically compared to the Lannisters," who all speak with what's called Received Pronunciation — the standard British accent associated with posh southerners.

While most GoT actors do hail from the U.K., many are masking their natural accents in favour of one that better fits their character. Here, Fleming helps us connect the dots between fictional characters and real-world speech.

SCREENSHOT/HBOCANADA.COM

**GAME OVER**
GAME OF THRONES SEASON 6 FINALE AIRS THIS SUNDAY ON HBO

### Tyrion Lannister

The outcast Lannister is a great example of an American putting on Received Pronunciation, says Fleming. Listen closely and you'll hear him distinctively halt his speech after nearly every phrase.

### Ser Davos

Ser Davos Seaworth is played by Irish-born Liam Cunningham "who has a very thick Irish accent," says Fleming. He is "one of the only people on the show who puts on a Geordie accent, which is from Newcastle … right up in the northeast, near the Scottish border."

### Petyr Baelish, a.k.a Little Finger

Aiden Gillan plays the former Master of Coin and brothel keeper everyone loves to hate. "He's Irish," notes Fleming, "but in The Wire, he spoke with perfect general American, even a little bit tinged with Baltimore." He notes a deliberate change in the actor's pronunciation as the show goes on. "When he was in King's Landing during the first couple of seasons, he spoke something that was quite close to Received Pronunciation. As soon as he left King's Landing, his accent started to change and you started to hear more of his Irish qualities."

### Ygritte

Fleming tells us actress Rose Leslie is actually Scottish nobility, who was educated in England. Her natural speech is fairly English, "but she puts on that very quintessential northern English accent" for the role.

### Oberyn Martell

The Martell's accent is "a little bit Spanish, and a little bit Arabic and so it gives it this kind of Moroccan, Northern African feel. It fits with the design elements they're going with" for Dorne, Fleming says.

MORE ONLINE

Visit **metronews.ca** to listen to John Fleming, speech and dialect coach, impersonate your favourite GoT characters.

Filmmaker Taika Waititi says he still doesn't know the names of all the gear on set. CONTRIBUTED

INTERNATIONAL FILM

## The Kiwi schooling the industry in cool

Steve Gow
For Metro Canada

The name Taika Waititi may not be a household name in Canada, but he's still the second most famous filmmaker from New Zealand.

In a country that has spawned such luminaries as Jane Campion (The Piano), Waititi sits only behind Lord of the Rings-helmer Peter Jackson as the island nation's most successful auteur with smash hits Boy and this year's Hunt for the Wilderpeople.

In fact, the latter (which opens in Canada Friday) has earned more than The Jungle Book and Deadpool combined at the Kiwi box office. Not bad for a guy who never even attended film school.

"I went to school and hated that and went to university and hated that,'" laughed Waititi recently from Australia.

Teaching himself the trade, the 40-year-old understands a movie set is full of experts to rely on. "That's what I do. I still don't know all the names of the gear on a film set."

If Waititi is joking, it's certainly not the first time. As longtime pals of Jemaine Clement, he got his start collaborating on the comedian's HBO series Flight of the Conchords before moving into features with quirky 2007 rom-com Eagle vs Shark.

Nearly a decade later and the 40-year-old has uncovered success at home and been headhunted by Hollywood to direct Marvel's forthcoming superhero blockbuster Thor: Ragnorak.

Waititi is full of natural confidence and optimism. In fact, it's something that's clear in his catalogue of affirming films focused on underdogs.

In the case of Wilderpeople, he pairs a defiant teen and his crusty foster uncle in an '80's-inspired romp through the New Zealand wilderness.

"I've become less stressed out about everything," reflected Waititi about his growth behind the camera.

"I remember sitting out in the elements and it was freezing (and I) realized my job is making people say lines and pretend to be emotional while standing on a mountain. It really is the coolest job!"

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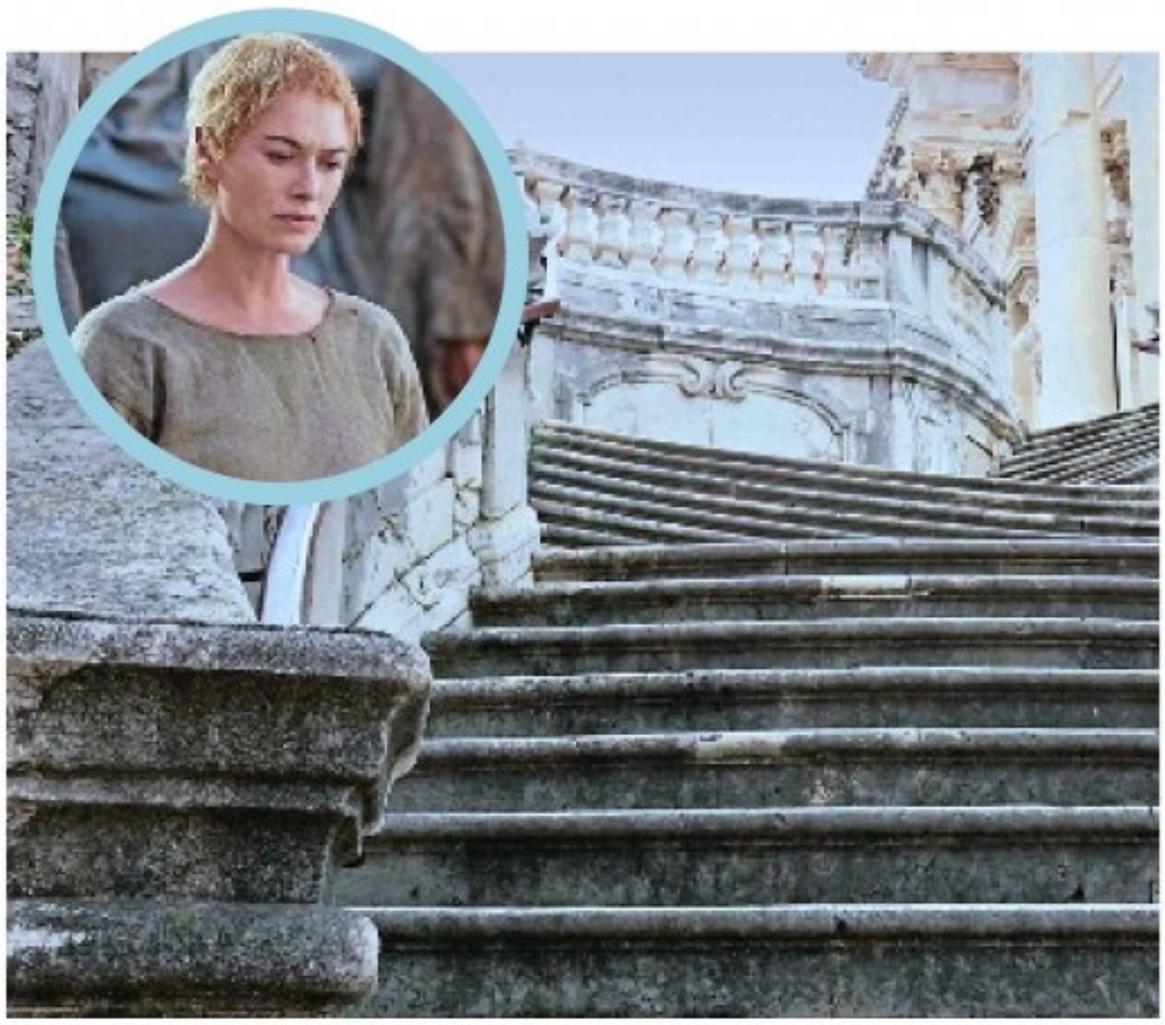
# Your staircase to Westeros

TV TOURISM

## With the season coming to an end, relive GoT in Croatia

**Vawn Himmelsbach**
For Metro Canada



**This staircase in Dubrovnik's Old Town was used as the starting point for Cersei Lannister's walk of shame on the season five finale of Game of Thrones.** PHOTOS BY VAWN HIMMELSBACH

At the War Photo exhibit in Dubrovnik, there's an image that stands out: a sweeping staircase, eerily deserted during shelling that destroyed more than 60 per cent of the medieval walled city after Croatia declared independence from Yugoslavia in 1991.

Two decades on, and this UNESCO heritage site has been restored to its former glory as the jewel of the Adriatic. And that staircase — now packed with tourists taking selfies — is known to millions of people around the world: It's where Cersei Lannister begins her "walk of shame" on Game of Thrones.

The TV series — based on the fantasy novels A Song of Ice and Fire and distributed by HBO — is filmed in multiple locations, from Iceland to Ireland, Morocco and Spain. In season one, the fictional fortified port city of King's Landing was filmed in Malta, but has now made its home in Dubrovnik (my GoT guide tells me it's because of significant tax breaks offered in Croatia).

But it's more than that. Sure, there's a lot of CGI in GoT — like dragons, White Walkers and such — but it wasn't hard to transform Dubrovnik into the stronghold of the Lannister family, which uses the city's existing medieval fortifications, guard towers and narrow streets to double as King's Landing. They're the real deal.

Like this staircase, where Cersei begins her walk of shame in "Mother's Mercy." Just add an angry crowd, a High Sparrow and a naked Cersei — and voilà. In fact, actress Lena Headey, who was pregnant at the time, used a body double for this scene, though she did multiple takes to act out the facial expressions — and, through the magic of post-production, her head appears on the body double.

Several key scenes were filmed in the Old Town: at the Pile and Ploče gate, on St. Dominika street and along the city walls.

Wander the streets and you might stumble upon Littlefinger's brothel, or walk in Daenerys' footsteps around Minčeta Tower where she disappears into the House of the Undying in Qarth.

Dubrovnik's Fort Lavrijenac was a stand-in for the Red Keep, and a number of scenes were filmed here, including the tournament thrown in honour of King Joffrey's name day and the spot where The Hound saves Sansa from being raped.

Not only do you get a stunning view of the Adriatic Sea from atop Fort Lavrijenac, you'll also notice a parking lot on a dramatic rocky outcropping. Sure, it's a cool spot for a parking lot, but it's also where Joffrey's wedding/death scene was shot.

The nearby Island of Lokrum was used for scenes in Qarth. And Arboretum Trsteno — a renaissance garden dating back to the 15th century — doubles as the gardens of King's Landing. They're relatively untouched by CGI; you almost expect Varys to walk around the corner.

Dubrovnik isn't the only Croatian location used in GoT, though. Split, further north on the Dalmatian coast, doubles as Meereen.

Within Split's historic Diocletian's Palace, several scenes were filmed: from the dungeon where Tyrion unchains Daenerys' dragons to the spot where Ser Barristan is slain.

Head into the countryside to the ruins of Klis Fortress and you'll easily recognize the road to Meereen, where Daenerys freed the slaves and, later, crucified the masters. The fortress has a history just as interesting as a fictional story: ask your GoT guide about the "sky toilet."

Wandering through Croatia's historic sites, it may feel like you're on the set of GoT (there's even a replica of the iron throne on Lokrum). But while the night may be dark and full of terrors, Croatia is anything but.

# The united states of BBQ-ing

ROAD TRIP

## Love of meat, rubs and sauces crosses any political divides

**David Bateman**
For Torstar News Service

I thought barbecue was simple. Buy meat, heat meat, eat meat.

After nine weeks in the U.S., I realize how wrong I had been. From state to state and city to city, the meat, rub, sauce, sides, wood and cooking method change drastically. There is only one constant. From presidents to paupers, nothing brings Americans of all creeds and colours together quite like barbecue.

First stop: Detroit, Mich., where Slows Bar BQ stands like a glowing ember of success among a desolate bed of charcoal. Here, and across the Midwest, sauce is everything.

"Anyone can barbecue, not many places can do you a good sauce," says customer and Detroit native Brandon Johnson. His father's recipe is the glue that bonds his family. "Before any event, my cousins make sure my dad is on the grill before they come."

I drive south through the golden-ombre crop fields of Ohio to laidback Louisville, Ky., where I meet dungaree-clad Smoketown USA owner Eric Gould, the selfbranded "Redneck Jew," so-called for his religion and love of hunting. "The Johnsons taught me how to barbecue. They were wonderful neighbours," says the pitmaster with wispy white side-burns that resemble tiny clouds.

At 20, 46-year-old Gould suffered a brain aneurysm and had been given a two per cent chance to live. "I'm here because I believe in myself and I love people. Life is about how you treat people. I love them. That's my secret ingredient."

After six hours in a very high-heat wood-fired smoker, Gould's pork ribs (he also does beef) are so succulent and tearable I can leave teeth marks in the bone.

My next rack of pork ribs involve a lot more vigorous chewing. Before taking to the brights lights of Broadway in Nashville, Tenn., I line up for an hour at Edley's Bar-B-Que, a roadside barbecue ranch, for hard-crusted charcoal crunchy ribs that are more familiar, though less gratifying, to my British palate.

In Memphis, I discover one reason why former resident Elvis Presley's weight ballooned — the irresistible dry rub of Charlie Vergos' Rendezvous.

The pork ribs initially look so parched I think they'll grate my mouth like I had licked tarmac. But when the Cajun coating is ripped apart, juice spurts free to reveal easily chewable, pink-lined meat.

Elvis was not the only king to eat at Rendezvous. Long before U.S. President Barack Obama and former U.S. presidents George W. Bush and Bill Clinton visited, it welcomed civil rights leader Martin Luther King, Jr., who was shot a short walk away at the Lorraine Motel, which now houses the National Civil Rights Museum.

After a few hours of solemn American history, I eat at the nearby Central BBQ, where sauce is shunned in favour of a traditional Tennessee dry rub.

"The first week I worked here, an old man in the back said, 'Tom, sauce is what you put on the meat you screw up. You're not going to screw up my meat, are you?" says Thomas Strange, who has been the restaurant's manager for the past three years.

Strange advises where to go next in search of America's other main barbecue meat. "I make the best brisket in Memphis," he says. "It's still not a brisket town. Texas comes here for pork, we go there for beef."

Soon, I'm driving on 10-lane highways past gun ranges and signs warning me I'm going to hell. I'm in Texas, where locals brim with barbecue patriotism, almost as devoted to the fat-lined brisket as the Stars and Stripes on their porches.

At Pizzitola's BBQ in Houston, the waitress hears my Scottish accent and decides I should read the menu and she will order for me. "You'll love the brisket and then you'll love me," Cindy Amolochitis says. Well, she is half right. Like the locals, the Texas brisket warmly embraces you. The state slogan says you shouldn't mess with Texas, and they don't mess with the meat, save for a smattering of salt and black pepper.

From the well-established mom-and-pop joint of Houston, I go to La Barbecue, a gleaming new food truck in Austin. The lineup is continuously 60-strong on a Wednesday morning.

On the benches of La Barbecue's lot, suited lawyers tear beef and pork ribs next to unemployed students. Rich to poor, black to white, Detroit to Texas, barbecue is the great equalizing obsession in a deeply splintered country.

**Smoketown USA owner Eric Gould adds a 1-2-3 rub combo of salt, pepper and granulated garlic that packs a flavourful punch.** DAVID BATEMAN/FOR TORSTAR NEWS SERVICE

### EAT HERE

- **Slow's Bar BQ:** Detroit, Mich., slowsbarbq.com
- **Smoketown USA:** Louisville, Ky., smoketownusa.com
- **Edley's BBQ:** Nashville, Tenn., edleysbbq.com
- **Charlie Vergos' Rendezvous:** Memphis, Tenn., hogsfly.com
- **Central BBQ:** Memphis, Tenn., cbqmemphis.com
- **Pizzitola's:** Houston, Tex. pizzitolas.com

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Cirque du Soleil is partnering with the NFL to build a 3,716-square-metre interactive exhibit in Times Square

# Lions return to Wally's world

CFL SEASON PREVIEW

## B.C. boss expects club to win and look good doing it

Wally Buono kept his word.

When the legendary head coach stepped aside after leading the B.C. Lions to the 2011 Grey Cup, citing fatigue and a desire to focus on his front office duties, he promised owner David Braley that if it ever really came down to it, he would return to the sidelines.

"I never thought I would have to," said Buono.

But with the franchise dipping significantly on the field, in the standings and, perhaps most importantly, in the Vancouver sports landscape over the past four seasons, the 66-year-old will once again lead the Lions in 2016.

"We made a decision in early December what the next step was going to be," said Buono. "I felt that if I was going to be involved, it would probably be best to be totally involved as both the GM and the head coach."

Mike Benevides, Buono's protégé, took over in 2012 and guided B.C. to a 13-5 record before losing the West Division Final at home. The club went 11-7 the following year before a 9-9 showing in 2014 that culminated in a beating from Montreal in the crossover East semifinal that Buono said left him "devastated."

Benevides was fired soon after, with the reins being handed to Jeff Tedford last season. But that experiment only lasted 11 months after the highly touted U.S. college coach, who hadn't been involved in three-down football since the early 1990s, compiled a 7-12 record that included the franchise's fourth straight one-and-done playoff.

Jonathon Jennings will be under centre when the Lions host Calgary in Saturday night's season opener. DARRYL DYCK/THE CANADIAN PRESS

> **Winning is critical in sports. But I think you also have to win with a little bit of pizzazz.**
> Lions head coach Wally Buono

"Last year was a tough year, but one we can learn from," said linebacker Solomon Elimimian, who is healthy after rupturing his Achilles tendon last August. "I feel like we have the ingredients with Wally coming back. You can tell the mood is definitely different."

Buono, who surpassed Don Matthews' 232 victories in 2009 to become the league's all-time leader in coaching wins, has a record of 254-139-3 over his 22 seasons. The CFL's eight other head coaches, including two rookies set to make their debuts in 2016, have a combined mark of 150-148-0.

"When I came into the league we were the dominant team," said Lions defensive back Ryan Phillips, set to enter his 12th season. "To see that plummet a little bit these last four years has been disappointing.

"It's refreshing having Wally back. I feel like the best is still yet to come for us."

For that to truly be the case, the Lions know their task is two-fold — pick up some victories and look good doing it.

The Lions attracted an average of just 21,290 fans to their home games in 2015, a drop of more than 9,000 per outing compared to 2012.

"If we just focus on doing our job the right way, that's the most exciting football there is," said quarterback Travis Lulay. "We don't have to do extra stuff like jumping jacks and whirlybirds or whatever. If we're throwing touchdowns and putting points on the board ... that's what's exciting, that's what people want to see."

When the Lions host the Calgary Stampeders on Saturday to open their 2016 campaign, B.C. fans will see second-year QB Jonathon Jennings under centre and not Lulay. Jennings, 23, took advantage of his opportunity last September when veterans Lulay and backup John Beck both went down with injuries, playing well enough to earn the No. 1 job.

The Lions also feel like they upgraded the roster in a number of other areas this off-season.

The offensive line looks stronger than it has in quite some time with the additions of veterans Tim O'Neill (trade) and Levy Adcock (free agency), as well as rookie Charles Vaillancourt (fifth overall draft pick).

Elimimian, the CFL's most outstanding player in 2014, and fellow linebacker Adam Bighill remain the lynch pins of a defence that added physicality and skill to the secondary with free agents Brandon Stewart and Mike Edem.

"We want to be better than we've been the last couple years, there's no question about it," said Lulay. "For us this is a clean slate and it feels like a fresh start. The energy's great around here, I think for good reason.

"I just don't see a scenario where we're not a better team than we were a year ago. We have to go earn wins and prove that right, but I feel really good about what we've got."

THE CANADIAN PRESS

NHL DRAFT

## Top prospects ready to hear names called

On the eve of finding out his hockey future, Logan Brown admitted to a case of the nerves.

"It's tough," said the six-foot-six, 220-pound centre from the Windsor Spitfires. "Like it's the greatest time of my life, but it's also the worst. I'm ready for it to happen. Just real anxious."

Brown likely won't have to wait long. The big centre from Chesterfield, Mo., who is the son of former NHLer Jeff Brown, is ranked seventh among North American skaters by NHL Central Scouting.

Canadian teams will figure prominently in Friday night's draft, with Toronto picking first, Winnipeg second, Edmonton fourth, Vancouver fifth, Calgary sixth, Montreal ninth and Ottawa 12th. But Canadian talent may have to wait its turn behind U.S. and other foreign players.

Auston Matthews
GETTY IMAGES

American Auston Matthews is expected to go first overall, followed by Finns Patrik Laine and Jesse Puljujarvi.

Brown may be anxious but the well-spoken 18-year-old is mature enough to keep things in perspective.

"When you look at it closely, it's tough and it's stressful. But when you really look back and you look at the position that we're in, it's going to be awesome. We're getting drafted in the NHL (Friday) night. It's what I've been working for for about 16 years now."

Against a backdrop of Lake Erie, with the Edmund M. Cotter fireboat spouting water nearby for show, top prospects met the media Thursday afternoon.

While Brown admitted to butterflies, it seemed just another day at the office for Matthews. The six-foot-two 216-pound centre, who excelled playing in the top Swiss league last season, was as cool as a cucumber in front of the media.

"I'm definitely enjoying it," he said. "It's a once-in-a-lifetime thing. Not every 18-year-old is in this position, in this situation. So for me, I definitely don't take it for granted." THE CANADIAN PRESS

Windsor Spitfires forward Logan Brown checks Travis Konecny of the Ottawa 67's during OHL action last fall. Brown is ranked seventh among North American skaters by NHL Central Scouting for this weekend's draft. DENNIS PAJOT/GETTY IMAGES

# Simmons takes the No. 1 spot

NBA

## 76ers draft Australian first overall

The Philadelphia 76ers selected LSU freshman Ben Simmons with the No. 1 pick Thursday night as the NBA draft opened with three straight freshmen.

The 76ers grabbed the versatile six-foot-10 forward from Australia who averaged 19.2 points, 11.8 rebounds and 4.8 assists to become the only player in SEC history to finish in the top five in all three categories.

He comes with some questions — he made only one three-pointer — but too much potential for the 76ers to pass up with their first No. 1 pick since taking Allen Iverson 20 years ago.

"It feels amazing, honestly," Simmons said. "I can't even — my legs were shaking when I was on stage."

Ben Simmons with commissioner Adam Silver.
NATHANIEL S. BUTLER/GETTY IMAGES

Jamal Murray of Kitchener, Ont., was selected seventh overall by the Denver Nuggets.

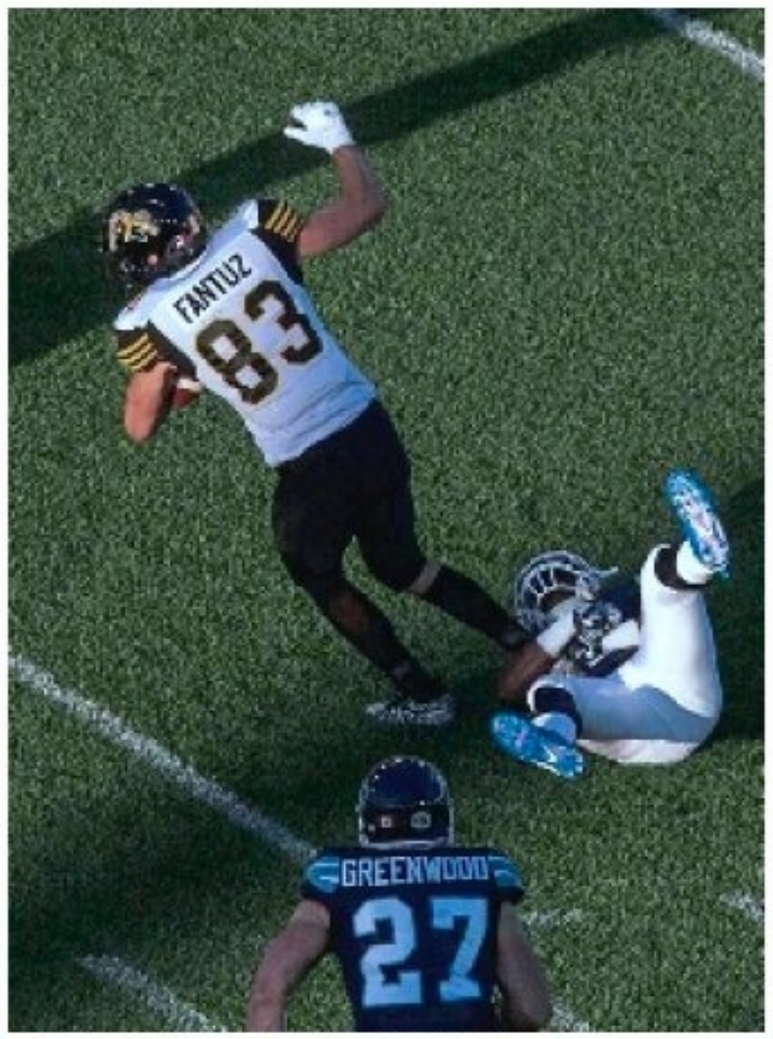
The Toronto Raptors took Jakob Poeltl with the ninth pick.

76ers fans who made the trip to Brooklyn's Barclays Center loudly cheered the selection in hopes that Simmons can help them move forward after three straight dismal seasons, including a 10-72 finish in 2015-16 that was just a game better than the worst ever in the 82-game schedule.

The last No. 1 pick from LSU was Shaquille O'Neal, who will be enshrined in the Naismith Memorial Basketball Hall of Fame along with Iverson in September. THE ASSOCIATED PRESS

**RAPS' TOP PICK**

**JAKOB POELTL**
**Position:** Centre
**School:** Utah
**Height/weight:** 7-1/242
**Age:** 20
**2015-16 stats:** 17.2 points, 9.1 rebounds



CFL TICATS TRAMBLE ARGOS AT NEW FIELD
Hamilton Tiger-Cats receiver Andy Fantuz skips away from Argonauts tackles on Thursday night in Toronto. Jeremiah Masoli threw three TD passes as the Hamilton Tiger-Cats beat Toronto 42-20 to spoil the Argonauts' official BMO Field debut.
CHRIS YOUNG/THE CANADIAN PRESS

## IN BRIEF

**EURO 2016 ROUND OF 16**
**SATURDAY**
Switzerland vs. Poland
Wales vs. Northern Ireland
Croatia vs. Portugal
**SUNDAY**
France vs. Republic of Ireland
Germany vs. Slovakia
Hungary vs. Belgium
**MONDAY**
Italy vs. Spain
England vs. Iceland

**Vardy staying in Leicester**
Jamie Vardy agreed to stay with Leicester on Thursday to spearhead their English Premier League title defence and first Champions League campaign.

The club announced its top scorer agreed to extend his contract by four years.
THE ASSOCIATED PRESS

**Date set for CM Punk fight**
Ex-pro wrestler CM Punk will make his long-anticipated UFC debut when he fights Mickey Gall on Sept. 10.

The mixed martial arts promotion announced the welterweight matchup for UFC 203 in Cleveland on Thursday. THE ASSOCIATED PRESS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Grab a paper on June 29th for our first installment of the Career Guide!

## RECIPE Slow Cooker Butter Chicken

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Your slow cooker does all the work for this lightened up Butter Chicken. There's next to no prep time but you'll come home and have a delicious, creamy dinner on the table before you could order it in.

**Ready in**
Prep time: 10 minutes
Cook time: 6 to 8 hours

**Ingredients**
- 2 lb chicken thighs or breasts, cut into bite-sized pieces
- 1 onion, chopped
- 3 or 4 cloves of garlic, minced
- 1 tsp minced ginger
- 1 5 oz tube of tomato paste
- 1 heaping Tbsp curry
- 1 14 oz coconut milk
- 1/2 cup Greek yogurt
- 1/4 cup milk
- 2 Tbsp coconut oil
- small handful of cilantro for garnish

**Directions**

**1.** Put everything in the slow cooker and stir it all around.

**2.** Close the lid.

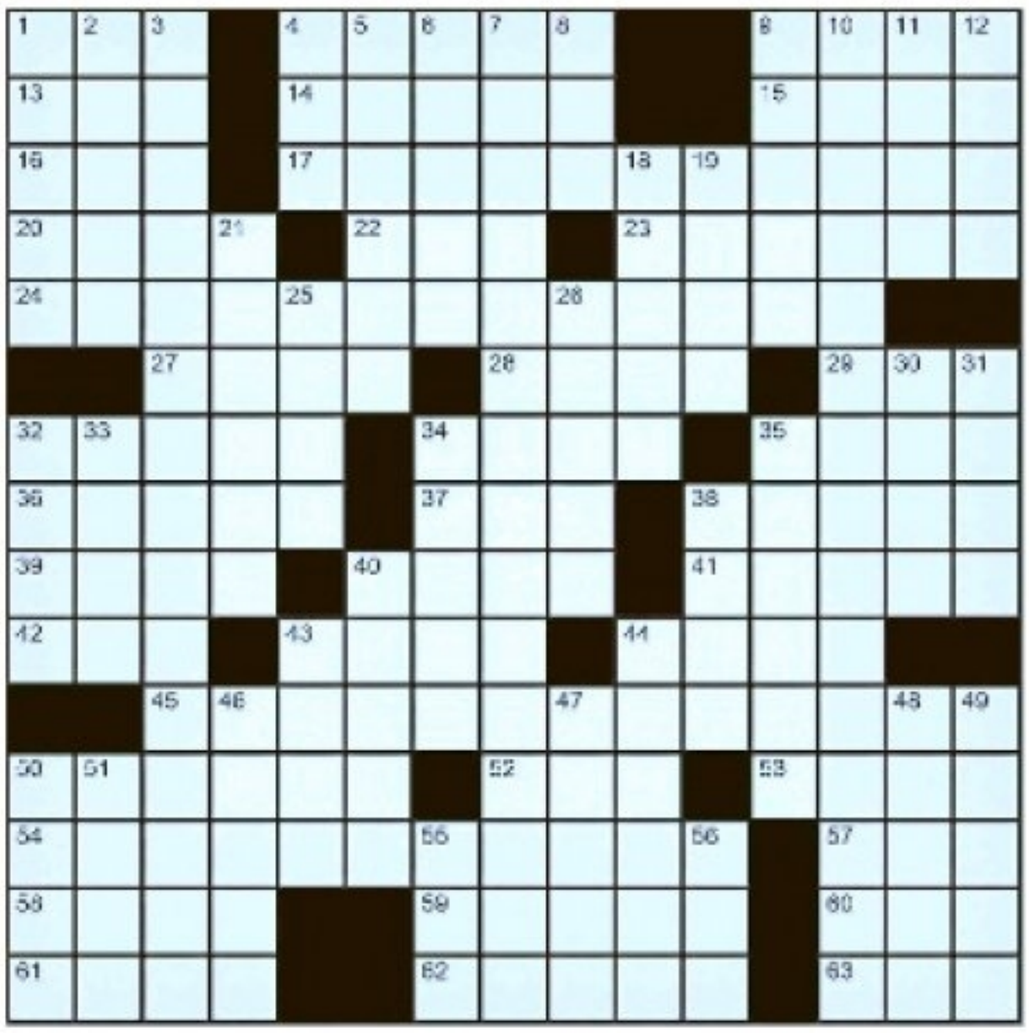
**3.** Set the timer for 6 hours. Don't worry if you need to be away from home for 8 hours or longer — it will be okay.

**4.** Serve with a big spoonful of jasmine rice and a sprinkling of cilantro.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

## CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



**ACROSS**
1. Industrial lettered material for an edgy dress
4. __ are alike (Craft fair sign)
9. Shrinking sea in Central Asia
13. "She Loves You" repeated word
14. "Rings __ Fingers" (1942) starring Gene Tierney and Henry Fonda
15. Naught
16. 'Ariz' completer (American state)
17. New exhibition at the Canadian War Museum: __ - Air War, 1914 - 1918
20. Gang's territory
22. Sequence [abbr.]
23. Michelangelo's hammer
24. Bullpen warmer-upper: 2 wds.
27. Sufficient, fun-style
28. Oscar-winner Patricia
29. Table scrap
32. Shock weapon
34. Many a moon
35. Hellmann's, e.g.
36. Hence...: 2 wds.
37. Branch
38. Green hue
39. Proofreading term
40. __ de Flandres (French stoneware)
41. Skilled at crafts
42. Beer barrel
43. '70s music genre, __-Rock
44. Mr. Sharif
45. Threat in "Independence Day: Resurgence" (2016): 2 wds.
50. __ ship
52. Litigate
53. Blackthorn fruit
54. Where a loonie will get you lots: 2 wds.
57. Liq. measures
58. In a lazing-about way
59. Student on 1986 to 1991 comedy "Head of the Class"
60. Capture
61. Sweater necklines
62. "__ Earp" (1994)
63. Li'l length units

**DOWN**
1. Russian composer, __ Ilych Tchaikovsky
2. Sports event locale
3. French President who famously said "Vive le Quebec libre!" in a 1967 speech in Montreal: 3 wds.
4. Show agreement
5. Unrepeated happening
6. Twyla __ (Broadway/ballet choreographer)
7. Engaged couple's official gifts wish list: 2 wds.
8. NBA's Magic team, on scoreboards
9. Leg part
10. Gordon Lightfoot song with the word 'Canadian' in the title, what are the two other words?
11. "Zip-_-_-Doo-Dah"
12. Endure
18. Famously lettered gyms
19. Montreal-born humourist Mort
21. Most exquisite
25. Overseas monetary unit
26. Abounds
30. Deli sandwich loaves
31. Broadway award
32. Chore
33. Feed the poker kitty
34. Mr. Eckhart
35. Quagmire
38. Priest of Tibet
40. Ms. Garson of movies (b.1904 - d.1996)
43. Leaning Tower locale
44. No longer dwelling on a problem: 2 wds.
46. Namesakes of Herman Munster's wife
47. La Vita __ (Dante prose)
48. Moved, molasses-style
49. Chirpers' homes
50. Nero's 404
51. Didn't walk there
55. Carpentry tool
56. Toronto summer hrs.

## IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

**Aries** March 21 - April 20
For the next month, you have to deal with disputes about inheritances and shared property. You are ready to fight for your own rights and the rights of others.

**Taurus** April 21 - May 21
Relations with partners and close friends will continue to be prone to conflict in the next month. This means you have to be patient and tolerant.

**Gemini** May 22 - June 21
In the next month, you will keep busting your buns to prove to everyone what you can do. Actually, you enjoy working hard, because you are productive!

**Cancer** June 22 - July 23
It's fun city for you for the next months. Plan a vacation! Enjoy romance and love affairs. Playful times with children plus the arts and sports events will appeal.

**Leo** July 24 - Aug. 23
Your home scene continues to be hectic and chaotic in the next month because of residential moves, renovations, visiting guests, whatever. Do your best to stay calm.

**Virgo** Aug. 24 - Sept. 23
You continue to persuade others to agree with you in the next month. That's why this is a great time for writers, teachers, actors and anyone in sales and marketing.

**Libra** Sept. 24 - Oct. 23
You will work hard to earn money in the next month. Take note: You also will spend it freely!

**Scorpio** Oct. 24 - Nov. 22
Fiery Mars continues to be in your sign for the next month, then it's gone for several years. This will pump your energy and give you lots of drive.

**Sagittarius** Nov. 23 - Dec. 21
Secret deals as well as secret love affairs might take place in the next month. Be careful what you do, because you might be found out.

**Capricorn** Dec. 22 - Jan. 20
Competition with others, especially in physical sports, will still appeal to you in the next month. This is no surprise, because you are a perfectionist at heart.

**Aquarius** Jan. 21 - Feb. 19
Because your ambition is aroused in the next month, use this time to make your mark in the world. Now is the time to tell bosses, parents and teachers what you really want to do.

**Pisces**
Feb. 20 - March 20
Travel for pleasure appeals to you in the next month. Whatever you do, grab every chance to learn more, have adventures and expand your horizons!

## CONCEPTIS SUDOKU by Dave Green

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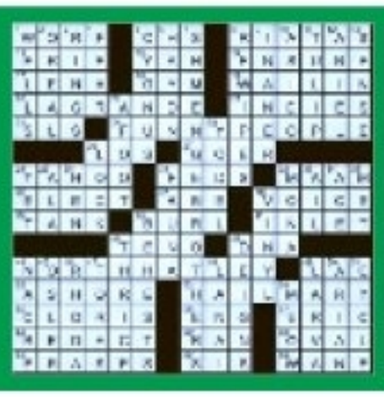

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